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CASE AND RESEARCH LETTERS

Angiosarcoma in Chronic Lymphedema (Stewart-Treves Syndrome)[☆]

Angiosarcoma en linfedema crónico (síndrome de Stewart-Treves)

To the Editor:

Angiosarcoma is a malignant endothelial tumor that can form in any part of the body, including the skin. It is known as hemangiosarcoma or lymphangiosarcoma, depending on whether it derives from the endothelium of the blood vessels or the lymph vessels, respectively.¹

It was first described in 1948 by Stewart and Treves² in a series of 6 cases of lymphangiosarcoma after chronic post-mastectomy lymphedema; since then, more than 400 cases have been reported of angiosarcoma associated with chronic lymphedema at different sites.

We report the case of a patient with angiosarcoma of the right arm, associated with chronic lymphedema due to non-Hodgkin lymphoma.

The only relevant history reported by the 84-year-old woman was a nodule in the lower right cervical region; results of a fine-needle aspiration biopsy of the nodule were negative for malignancy. Because of the growth of the nodule, a new fine-needle aspiration procedure was performed a year later and cytology results indicated suspected lymphoma; resection and biopsy were performed and a diagnosis of non-Hodgkin large B cell (CD20⁺) lymphoma was established.

Computed tomography (CT) revealed several bilateral enlarged axillary lymph nodes; the largest of these, measuring 2.5-3 cm, was on the right side and in contact with the rib. The CT scan also revealed multiple enlarged hilar, mediastinal, para-aortic, and retroesophageal lymph nodes, and a 4.3-cm solid mass in the anterior segment of the right upper lobe of the lung.

An atypical segment resection of the right upper lobe and a mediastinal lymphadenectomy were performed, followed by adjuvant chemotherapy with cyclophosphamide, epirubicin, vincristine, and prednisone (6 cycles). Treatment



Figure 1 Clinical image of the reddish-purple lesions on the anterior surface of the right arm.

response was complete, except in the right axilla, where the patient developed a palpable mass measuring 5 to 6 cm that was fixed to the deeper layers; the mass was painful and produced a cutaneous reaction. The area was treated with external radiotherapy, with a fraction size of 1.8 Gy to achieve a dose of 45 Gy; the size of the mass decreased considerably in response to treatment.

Nine years later, the woman was referred to our department with lesions on the anterior surface of the right arm, at the site of the chronic lymphedema; the lesions had appeared 2 weeks earlier and had begun as reddish-purple macules that transformed into plaques and, finally, gave rise to a tumor measuring 16 × 6 cm. She also had erythematous-violaceous lesions measuring 1 cm in diameter which had recently appeared on the outer quadrants of the right breast (Figs. 1 and 2). Histopathology of the lesion on the arm and

[☆] Please cite this article as: M.T. Sánchez-Medina, A. Acosta, J. Vilar, J. Fernández-Palacios. Angiosarcoma en linfedema crónico (síndrome de Stewart-Treves). Actas Dermosifiliogr. 2012;103:545-7.



Figure 2 Clinical image of the erythematous-violaceous lesions on the outer quadrants of the right breast.

those on the breast was compatible with lymphangiosarcoma and showed clefts between the collagen bundles, delineated by spindle-shaped endothelial cells and atypical hyperchromatic epithelial cells. Immunohistochemistry was positive for CD34, CD31, and factor VIII, thereby supporting the histologic diagnosis³ (Fig. 3). The staging study was negative.

After evaluation by the soft-tissue sarcoma multidisciplinary committee, it was decided to treat the patient with palliative chemotherapy.

Angiosarcoma that develops on a limb with chronic lymphedema or Stewart-Treves syndrome is a rare complication with a rapid and aggressive course.⁴ No cure exists to date and the disease is associated with poor prognosis and

considerable morbidity. When the disease occurs in the context of a mastectomy, removal of the axillary lymph nodes and radiotherapy are thought to be predisposing factors.⁵ The course of the disease is usually aggressive, with rapid local or regional growth of lesions and a tendency toward early distant metastasis.^{6,7}

Biopsy is essential for diagnosis and fine-needle aspiration is inadequate. Imaging studies, such as nuclear magnetic resonance imaging, are advisable in order to evaluate local spread.

It is essential to highlight the importance of regular clinical examinations of all patients with chronic lymphedema. While the lesion was first reported in lymphedema secondary to breast cancer, it may occur in any primary or secondary lymphedema. The limbs are the most commonly affected areas, but lymphangiosarcoma has even been reported after abdominoplasty in obese patients.⁸ Furthermore, according to published research, the mean time between development of lymphedema and diagnosis of angiosarcoma is between 8 and 10 years; it is thus important to carry out long-term follow-up of patients.^{4,6}

When unusual lesions are found on a limb with lymphedema, histologic studies should be performed to detect this complication early on. Early diagnosis together with radical surgery and associated radiation therapy may increase the chance of survival in these patients. Amputation or wide local excision provides the best chance of long-term survival in patients with Stewart-Treves syndrome. Some ex vivo sensitivity studies have shown that chemotherapy appears to be an adequate complementary approach.^{9,10}

Prevention of lymphedema of the limbs, when treatable secondary causes exist, should be considered essential and existing medical measures to achieve this goal should be optimized.

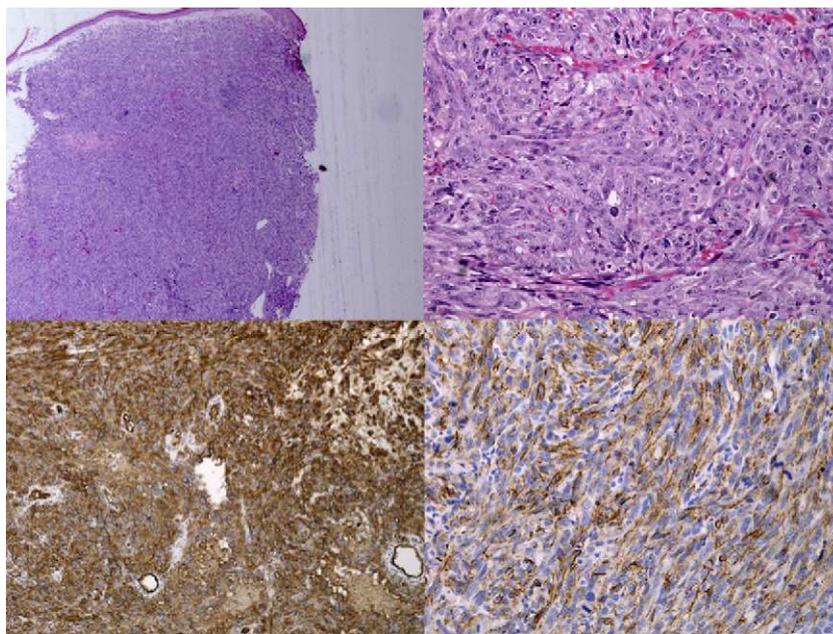


Figure 3 A) Staining with hematoxylin-eosin, original magnification $\times 40$; B) Staining with hematoxylin-eosin, original magnification $\times 200$; C) CD34, original magnification $\times 100$; D) CD31, original magnification $\times 200$.

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M.T. Sánchez-Medina,^{a,*} A. Acosta,^a J. Vilar,^b
J. Fernández-Palacios^a

^a Servicio de Cirugía Plástica Estética y Reparadora, Hospital de Gran Canaria Dr. Negrín, Las Palmas de Gran Canaria, Spain

^b Servicio de Dermatología Médico-Quirúrgica y Venereología, Hospital de Gran Canaria Dr. Negrín, Las Palmas de Gran Canaria, Spain

*Corresponding author.

E-mail address: marisolsm@hotmail.com

(M.T. Sánchez-Medina).

Lymphangioma-Like Kaposi Sarcoma[☆]

Sarcoma de Kaposi a tipo linfangioma

To the Editor:

We report on a recent lesion in a 75-year-old woman who had been diagnosed with classic Kaposi sarcoma (KS) 8 years earlier, at which time she presented with plaques on the right thigh and right forearm (Fig. 1A) and no metastasis was detected. Findings from the initial biopsy of the forearm lesions were compatible with nodular KS. During the 8-year follow-up, the patient developed 7 recurrent skin tumors on the forearm and legs. Each tumor had the same clinical appearance in the form of plaques (Fig. 1B), and no systemic involvement was detected at any time. The lesions were treated with liposomal doxorubicin. Biopsies were taken from the forearm at each recurrence and histology continued to show findings consistent with nodular KS mixed with lymphangioma-like areas. These areas were comprised of irregularly-dilated ectatic vascular spaces in the reticular dermis that were lined by moderately atypical endothelial cells. These spaces were greater in number and size than normal lymphatic vessels (Fig. 2). Immunohistochemistry showed strong CD34 positivity. Endothelial cells lining the lymphangioma-like areas of the tumor were also positive on staining with human herpes virus type 8 (HHV-8) antibody (Fig. 2C) and the lymphatic endothelial marker podoplanin (D2-40) (Fig. 2D). Based on these findings, the patient was diagnosed with lymphangioma-like KS.

Seven months after completing the most recent cycle of chemotherapy with doxorubicin, the patient presented with a serious recurrence consisting of localized, multinodular, ulcerated lesions on both legs but more severe on the right thigh; severe lymphedema was also noted (Fig. 1C). She was given radiotherapy, second-line chemotherapy with paclitaxel (taxol), and thorough local treatments. At the time of writing the lesions remained ulcerated and had not changed in size. The patient attended scheduled follow-up visits and did not show signs of systemic spread of disease.

Lymphangioma-like KS was first described in 1957 by Ronchese and Kern,¹ but the histologic characteristics of these tumors were not reported until the 1979 publication of Gange and Jones.² This tumor is a rare histopathologic variant comprising fewer than 5% of all KS cases and appearing among all KS epidemiological subtypes.^{3–5}

Clinically, the presence of blistering vascular lesions has been described as a characteristic finding in lymphangioma-like KS, although such lesions may also appear in other more common KS presentations.^{1–7}

Histologically, and in contrast with classic KS, the lymphangioma-like variant does not normally have hemosiderin deposits. Red blood cells are found neither outside nor inside the vascular lumen, and spindle-shaped cells are scarce, contributing to the lymphangioma-like appearance of these lesions. As lymphangioma-like areas are typically found at points within a classic KS, the presence of classic KS areas would be an important factor to consider in the diagnosis.⁴ However, classic KS areas have been absent from some lymphangioma-like KSs, and the differential diagnosis with other benign and malignant vascular tumors is therefore considerably more complex and must include benign lymphangioma, spindle cell hemangioendothelioma, low-grade angiosarcoma, retiform hemangioendothelioma, and targetoid hemosiderotic

[☆] Please cite this article as: A. Agustí-Mejías, F. Messeguer, A. Pérez, V. Alegre de Miquel. Sarcoma de Kaposi a tipo linfangioma. *Actas Dermosifiliogr*. 2012;103:547-9.