CASE FOR DIAGNOSIS

Recent Onset of Multiple Asymptomatic Brownish Papules

Múltiples pápulas parduzcas asintomáticas de reciente aparición en el tronco

Clinical History

A 34-year-old woman with no personal or family history of interest consulted for multiple asymptomatic lesions on the trunk. The lesions had appeared gradually during the previous year.

Physical Examination

Physical examination revealed nondesquamative brownish papules measuring 3 to 5 mm in diameter located mainly on the abdomen and also on the thorax, axillas, and pelvis. The lesions were negative for the Darier sign (Fig. 1).

Additional Tests

Dermoscopy revealed a homogeneous clear brown area with a delicate pigment network (Fig. 2A).

High-frequency ultrasound (18 MHz, MyLab 25Gold, Esaote) revealed well-defined oval lesions in the superficial dermis. These were slightly hypoechoegenic with respect to the adjacent dermis and heterogeneous in terms of content (Fig. 2B). Color Doppler did not reveal blood flow in the lesions.

Histology of a punch biopsy specimen of 1 of the lesions revealed scattered ductal structures in the superficial reticular dermis accompanied by slight interstitial mucin deposition and mild sclerosis (Fig. 3).

What is your diagnosis?

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Incel M. T. recently reported eccrine syringoma, the consistent and generalized involvement of these lesions may extend to the abdomen, trunk, and lower extremities. Given the late age of onset and low degree of clinical suspicion, diagnosis was based on histopathology. We also provide the first description of the ultrasound characteristics of this tumor, although we found no specific defining characteristics that would enable us to distinguish this tumor from other soft tissue tumors. Finally, we wish to highlight the importance of including papular skin conditions at any age in the differential diagnosis of generalized eruptive syringoma.

Conflicts of Interest

The authors declare that they have no conflicts of interest.

References


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